



Pride Stables - Central Ontario Developmental Riding Program
Therapeutic Horseback Riding for People with Disabilities

584 Pioneer Tower Road, Kitchener, ON N2P 2H9
Phone: 519-653-4686 Fax: 519-653-5565
Registered Charity No. 118843564 RR0001

Pride Stables Screening Questionnaire - Riders

Instructions:

- Complete this questionnaire no earlier than 24hrs before first class
- Bring completed form with you to first class

If your rider/you are not feeling well, do not attend Pride Stables and let us know ASAP.
Pride Stables Phone: 519-653-4686

Rider Name: _____

1. Have you travelled outside of Canada OR had close contact with anyone that has travelled outside of Canada in the past 14 days? YES NO

2. Have you had close contact with anyone with respiratory illness OR a confirmed or probable case of COVID-19? YES NO

3. Do you have any of the following new or worsening signs or symptoms?
 - New or worsening cough YES NO
 - Shortness of breath/difficulty breathing YES NO
 - Sore throat/difficulty swallowing YES NO
 - Chills, headache, fever YES NO
 - Nausea/vomiting, diarrhea, abdominal pain YES NO
 - Unexplained fatigue/malaise/muscle aches YES NO
 - Decrease or loss of sense of smell or taste YES NO
 - Runny nose, sneezing or nasal congestion with no known underlying reason like seasonal allergies or post nasal drip etc. YES NO

If you have answered YES on any of these questions, inform Pride Stables and DO NOT attend class. Then complete Ontario's self-assessment questionnaire and seek appropriate medical guidance/care.

Prior to class each week please conduct an exposure & symptom assessment for your rider/you. If things have changed and you can answer yes to any question above, DO NOT ATTEND and inform Pride Stables.



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Informed consent form for riders at Pride Stables

Our primary concern is the health and safety of our participants (riders, volunteers) and staff. Please read this carefully and let us know if you have any questions.

Risks associated with COVID-19

You understand that by attending & participating in programs at Pride Stables you are assuming the risk of exposure to COVID-19 (or other public health risks). We will practice and encourage physical distancing at Pride Stables whenever possible however due to the nature of our program, riders may be in close contact with volunteers/staff which may increase the risk of COVID-19 transmission.

Our commitment to minimize risk of exposure

Pride Stables has taken steps to reduce the risk of spreading COVID-19.

- All participants (riders, volunteers, staff) will be screened for COVID-19 symptoms & risk prior to participating in programming at Pride Stables.
- No one will be allowed to attend or participate at Pride Stables if screening is positive.
- Staff/volunteers will be wearing face coverings (shields) for all volunteering activities & physical distancing where possible.
- Any parent/guardian/support worker who side-walks will be required to wear a face shield.
- Handwashing upon arrival by all participants (including riders, parents, guardians, support workers) is expected and encouraged.
- Regular disinfection of high-touch surfaces & areas like washrooms will be completed.
- Tack (saddles, reins), helmets and equipment will be clean/disinfected for each rider.
- Soap and hand-sanitizer will be readily available.
- Cleaning/sanitization will take place during the day, between classes where needed and at the end of each day.

The responsibilities of your rider & you to minimize exposure

- Riders will only arrive for class if they are symptom free.
- You will review and complete Pride Stables' screening questionnaire on behalf of your rider & submit it to Pride Stables at the first class.
- You will inform us immediately if, at any time during the course of classes, you can answer yes on behalf of your rider to any of the Pride Stables screening questions.
- You and your rider will wash your hands with soap & water when you first arrive at the stables and after class concludes.
- When riders are not able to wash their hands (preferred), they will use alcohol-based hand sanitizer (available on site).
- Participants will maintain a physical distance from others where appropriate & possible.
- Follow directions & instructions of staff and any designated helpers of Pride Stables.
- If your rider or any resident of your home has had close contact with a suspected or confirmed case of COVID-19 you will let us know.
- If your rider or a resident of your home test positive for COVID-19 you will immediately let us know and will not attend Pride Stables.

If your rider has had any exposure to anyone at Pride Stables who subsequently tests positive for the coronavirus, we will notify you immediately so that you can take appropriate actions.

Confidentiality in case of infection

Pride Stables is keeping records during the COVID-19 pandemic. If riders or any participant (rider/volunteer/staff) test positive for COVID-19 we may be required to release this information to public health officials for the purposes of contact tracing. We will only provide the minimum information necessary for their data collection. With this consent form you are agreeing that we may do so without an additional signed release.

Consent

- I have read and understand this consent form and agree for my rider to participate in programming at Pride Stables.
- I understand that I am assuming the risk of exposure to COVID-19 by participating and attending Pride Stables.
- I (or a designate) will conduct an assessment of my rider for COVID exposure risk and symptoms before attending each class at Pride Stables.

name/signature

date