



**Pride Stables - Central Ontario Developmental Riding Program**  
*Therapeutic Horseback Riding for People with Disabilities*

584 Pioneer Tower Road, Kitchener, ON N2P 2H9  
Phone: 519-653-4686 Fax: 519-653-5565  
Registered Charity No. 118843564 RR0001

**Pride Stables Screening Questionnaire - Volunteers**

**Instructions:**

- Complete this questionnaire no earlier than 24hrs before your first class
- Once complete, email these forms back to Pride Stables OR bring with you to first class.

If you are not feeling well, do not attend Pride Stables and let us know ASAP.

Pride Stables Phone: 519-653-4686

**Your Name:** \_\_\_\_\_

1. Have you travelled outside of Canada OR had close contact with anyone that has travelled outside of Canada in the past 14 days?     YES     NO
  
2. Have you had close contact with anyone with respiratory illness OR a confirmed or probable case of COVID-19?     YES     NO
  
3. Do you have any of the following new or worsening signs or symptoms?
  - New or worsening cough     YES     NO
  - Shortness of breath/difficulty breathing     YES     NO
  - Sore throat/difficulty swallowing     YES     NO
  - Chills, headache, fever     YES     NO
  - Nausea/vomiting, diarrhea, abdominal pain     YES     NO
  - Unexplained fatigue/malaise/muscle aches     YES     NO
  - Decrease or loss of sense of smell or taste     YES     NO
  - Runny nose, sneezing or nasal congestion with no known underlying reason like seasonal allergies or post nasal drip etc.     YES     NO

If you have answered YES on any of these questions, inform Pride Stables and DO NOT attend your class. Then complete Ontario's self-assessment questionnaire and seek appropriate medical guidance/care.

**Prior to each volunteer shift/class please conduct a COVID-19 exposure and symptom self-assessment based on the questions above. If you can answer yes to any question, DO NOT attend and inform Pride Stables.**



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## **Informed consent form for volunteers of Pride Stables**

We are in this together! Your support to ensure that we can provide a great riding program is so VERY APPRECIATED! We can't do this without YOU!

Our primary concern is the health and safety of our participants (riders, volunteers – YOU!) and staff. Please read this carefully and let us know if you have any questions.

### **Risks associated with COVID-19**

You understand that by participating in volunteering at Pride Stables you are assuming the risk of exposure to COVID-19 (or other public health risks). We will practice and encourage physical distancing at Pride Stables whenever possible however due to the nature of our program, you may be in close contact with members of the public (riders/support workers/other volunteers/staff) which may increase the risk of COVID-19 transmission.

### **Our commitment to minimize risk of exposure**

Pride Stables has taken the following steps for our awesome volunteers to reduce the risk of spreading COVID-19.

- All participants (riders/volunteers/staff) will be screened for COVID-19 symptoms & risk prior to participating in programming at Pride Stables.
- If you answer *yes* to any screening question you will NOT be permitted to volunteer.
- Staff/volunteers will be wearing shields for all volunteering activities.
- Handwashing upon arrival by all participants is expected and encouraged.
- Regular disinfection of high-touch surfaces & areas like washrooms will be completed.
- Soap and hand-sanitizer will be readily available.
- Cleaning/sanitization will take place regularly during the day, between classes where needed and at the end of day.

## Your responsibilities to minimize your exposure

As a volunteer, you agree to take certain precautions which will help keep everyone safe.

- You will only arrive for volunteering if you are symptom free.
- You will review and complete Pride Stables' screening questionnaire & submit it to Pride Stables upon your first day of volunteering. Each consecutive day thereafter you will conduct an exposure & symptom self-assessment.
- You will inform us immediately if, at any time during the course of volunteering, you can answer *yes* to any of the Pride Stables screening questions.
- You will wash your hands with soap & water when you first arrive at the stables before entering the barn, regularly during your time here when possible (e.g. between classes), and after concluding volunteering. There is an outdoor handwashing area around the corner from the main barn doors and indoor sinks in washrooms & viewing room.
- When you are not able to wash your hands (preferred), you will use alcohol-based hand sanitizer (available on site).
- You will try not to touch your face/mouth/nose/eyes with your hands. If you do you will immediately wash or sanitize your hands.
- You will wear a face shield at all times when volunteering including when in the barn preparing for class/grooming/tacking up. (Shields available, \$5ea).
- You will bring your face shield with you to each volunteer shift.
- Maintain a physical distance from others where appropriate & possible.
- Follow signs (e.g. STOP/Staff Only), directions & instructions of staff and any designated volunteers of Pride Stables.
- If you or any resident of your home has had close contact with a suspected or confirmed case of COVID-19 you will let us know.
- If you or a resident of your home test positive for COVID-19 you will immediately let us know and will not attend your volunteering shift.

**PLEASE do NOT arrive early and wander on the property.** If we all work together we can reduce our risk and have a great experience. **Thank You!** Again and again, we can't do it without YOU!

## Your confidentiality in case of infection

If you have had any exposure to anyone at Pride Stables who subsequently tests positive for the coronavirus, we will notify you immediately so that you can take appropriate precautions.

Pride Stables is records during the COVID-19 pandemic. If you or any participants (riders/volunteers/staff) test positive for COVID-19 we may be required to release this information to public health officials for the purposes of contact tracing. We will only provide

the minimum information necessary for their data collection. With this consent form you are agreeing that we may do so without an additional signed release.

**Consent**

- I have read this consent form & agree to participate in volunteering at Pride Stables.
- I understand that I am assuming the risk of COVID-19 exposure by participating.
- I understand and agree to my responsibilities as outlined on this form to help protect myself and other participants at Pride Stables.
- I will conduct a self-assessment for COVID-19 exposure risk and symptoms before each time I attend/volunteer at Pride Stables.

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name/signature

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date