

PRIDE
Stables



STABLE TALK

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www.PrideStables.com

Spring 2021

*Spread the word far and
wide to help us endure
this wild ride!*

Bottle Drive

Bring us all your empties!
Drive-up drop-off at Pride Stables

10am-2pm

Sat. May 29 & Sat. July 10

Head to this link for a poster to print, share, or email:
tinyurl.com/bottles4horses



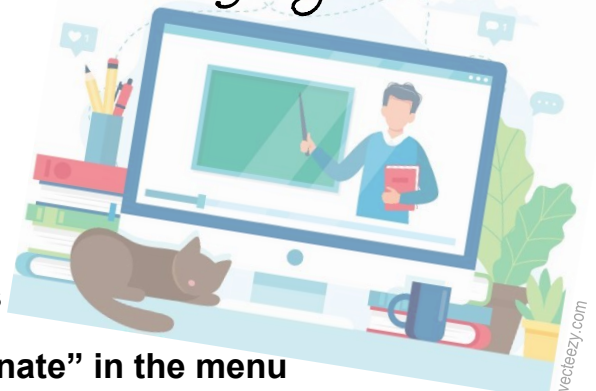
*Looking for the perfect Mother's Day or Father's Day gift?
Wish to honour a special teacher from this tough year?*

Consider a gift made to Pride Stables in their honour!

You can even send them a digital card auto-magically!

- ◆ \$20.00 will buy four bales of hay to fill the loft
- ◆ \$40.00 will feed our friends in the pony field for a day
- ◆ \$60.00 will buy three bags of grain for our horses
- ◆ \$120.00 will purchase one safety helmet for our riders

Head to www.pridestables.com then click "How To Donate" in the menu



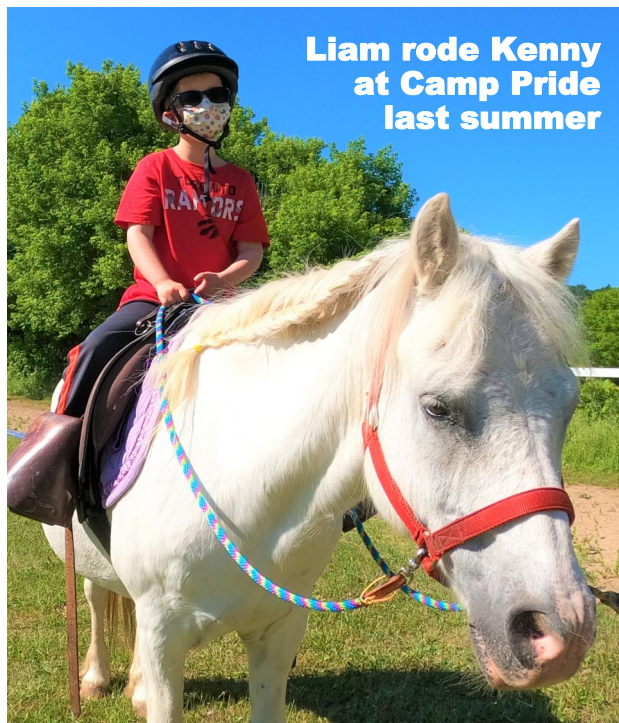
Through a Rider's Eyes

Liam is 9 yrs old & has been riding at Pride since he was 4. Liam was diagnosed with Wolf-Hirschhorn Syndrome as a young infant & faces challenges like muscle hypotonia plus physical & cognitive delays. He is a very social, happy child who thrives around people & loves all animals.

Liam beams with joy at the stables & always receives a warm welcome from staff & volunteers. He especially loves watching all the funny things the horses do - like sneezing & farting after brief trots (Liam thinks this is so funny!), talking his side walkers' ears off & learning everyone's names.

In addition to having lots of fun, Liam strengthens his core stability & gains independence through riding. A special treat at the end of each riding season & summer camp is giving the horses treats or getting to paint them. Liam absolutely loves this!

Liam has made special friends at Pride & continues to learn it is okay to be different. Although Liam is different than typical developing children in some ways, his needs are very much the same: supportive people to teach & guide him; an environment where he is accepted for who he is; a place where he never feels judged, and space to learn & grow. We are grateful to have found Pride Stables!



Liam rode Kenny at Camp Pride last summer



Thank You for Your Support!

Former Sunday chores gal here at the stables, Kaitlin, surprised us earlier this year with a cheque for \$1,000 from her employer **Ayr's Farmer's Mutual**. Thank you for choosing us to receive your employer's "employee choice" donation Kaitlin!

Pictured: Rachel along with Rainbow Black accept the cheque from Kaitlin

We are grateful to the **Optimist Club of Cambridge** for their support over the years & sad to hear they disbanded. Thank you for your final donation this spring! This \$4,000 will ensure the club's legacy endures through 2 years of stall sponsorship and supporting 5 riders for one year.

Pictured: Doug Coghlin presented the club's final cheque to Leah in March



Welcome Back Jen and Hello Jaxon!

We are happy to welcome Jen back to the barn this spring! Jen returned from maternity leave in April starting with a few days each week. She will transition back to her full-time role over the months ahead while also tackling full-time mom status to her adorable son Jaxon. Jaxon joined fur-brother Bear early last summer growing Jen's family to four. We hope you enjoy this snapshot of the little guy!



Our friends at **Sail Outdoors & Waterloo County Revolvers Association** ran a Covid-safe tournament with proceeds generously donated to Pride Stables. We thank you for this incredible donation of over \$4,000. Thank you for selecting us as the beneficiary! We are happy to have you as a horse sponsor once again!

Co-op Corner

My placement at Pride was everything I could have hoped for. The new skills, information & knowledge I gained were exceptional. When I received the news about where I would be placed I was so excited! I didn't have much luck with previous placements due to Covid but this one made my last semester great.

Going in I was pretty nervous as I didn't want to make a fool of myself. With the help of Courtney & Rachel I became comfortable with every task I was assigned. I loved building relationships with the horses & getting to know each one. I am so glad they taught me everything from first aid & feeding processes, to horse handling. I am thankful to everyone who helped my success this semester. I can't wait to keep in touch & see the staff & horses again soon! ~ Emily

Wikimedia Commons
David Bell, CC BY-SA 3.0



Syrup Fundraiser

Thank you for helping us raise \$1,766 to keep us afloat during these cancellations & closures with your maple syrup purchases & spring donations! We hope you are enjoying your sweets!



Volunteer Voice Hands

Our horses are fortunate to be the recipients of periodic gentle therapies from one of our long-time volunteers. Sharry is an equine bodyworker who is certified as an animal Reiki practitioner and has also completed a number of levels of the Equi-Bow Technique & Tellington TTtouch courses.

Equi-Bow consists of hands-on manipulation - gentle pressure and stretching of the fascial soft tissue in the body. It is inspired by various techniques used on humans which can assist with stimulation, circulation, and pain relief, and is a "unique blend of Bowen, CranioSacral, Myofascial Release, and Feldenkrais based techniques that promote self-healing." Sharry shares her skills with our lucky horses to help maintain the health & wellbeing of our beloved equine friends.



Pictured: Chopper relaxes under Sharry's gentle touch

A long-time volunteer of Pride Stables has created a GoFundMe in an effort to help keep us going through these challenging times. The power and magic of crowdfunding happens when a campaign reaches far and wide.

What can you do to help?

Simply share the link below to spread the word beyond our existing amazing community of supporters!

tinyurl.com/GoFundHorses



Sponsor-A-Rider

Our rider fund allows us to financially assist as many riders as possible so they can participate in therapeutic riding

With a commitment of \$35 per month, your donation gives a child an opportunity to join us for a full year and reap the benefits of interacting with others, playing games, challenging themselves and having fun in a group environment—all while receiving stimulating therapy.

\$420 (\$35/month) allows a rider to receive these benefits for one full year.

Email or call us to get started today!
519-653-4686 info@pridestables.com





Dear Trouble,

Sometimes I see a couple of horses in the field rolling around on the ground. What is this all about and why do they do that?

Dear Reader,

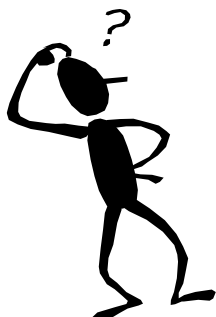
Rolling is a natural behaviour for horses & they roll about for any number of reasons!

First, it can help loosen their hair & shed their coat. (The hair is flying at this time of year!)

Horses also roll to let go of physical or mental tension but also just for pleasure! Horses will roll when they feel relaxed and safe.

You know how yawning is "contagious" from one person to another? Well rolling can be the same for horses – that's why you'll often see one horse roll after another!

Trouble



Horse Happenings

Triplets! Well, not really....

But three of our horses share a birth year!

Black Velvet, Tempi and Awesome are all turning 20 this year. Do you know someone celebrating their 20th in 2021 too?



Black Velvet



Tempi



Awesome



Rollin' through this lockdown like...

Pride Stables Trivia

1. If she was a person, which horse could volunteer starting this year?
Hint: First uncover the minimum age for volunteers.
2. If he was a person living with our southern neighbours in the USA, which pony might have some empty beer cans to bring to our bottle drive after celebrating his 21st birthday this year?
3. Who is the youngest gal in our fields? *Hint: She's also the tiniest!*
4. Who is pictured rollin' around above?!

Answers on back page

Sponsorship Opportunities

Adopt-A-Horse	\$4,200 (\$350 per month)	11 Horses are waiting for sponsorship
Maintain-A-Stall	\$900 (\$75 per month)	1 Horse stall is available for sponsorship
Sponsor-A-Paddock	\$1,200 (\$100 per month)	No paddocks available for sponsorship (Hooray!)
Sponsor-A-Rider	\$420 (\$35 per month)	263 Riders are hoping for your sponsorship



Paddock Sponsors

Front: Daisy Fresh Cleaning Service

Side: Aden & Sheryl Frey

Back: Family of Margie Schenk

Rider Sponsors

Amanda Neeb
 Bennett Equine Veterinary Services
 Cities of Kitchener & Waterloo
 Crystal Rebekah Lodge
 Dave & Caitlin Jenkins
 David Spiegelman
 Elmira Maple Syrup Festival
 Emmanuel United Church
 Enid & Charles Emery
 Janet Foote
 Hendry Family
 Karen Wilson
 Kinsmen Club of Kitchener-Waterloo
 Kitchener Pioneer Lions Club
 Kitchener Sports Association
 Lily & Family
 Lois & Dr. Thomas Schultz
 Lyle S Hallman Fdtn Kids to Camp
 Family of Margie Schenk
 Marion Jean Wellwood
 Mitchell Mills Systems Canada
 Optimist Club of Cambridge
 Optimist Club of Lakeshore
 Village Waterloo
 Optimist Club of Petersburg
 Rorabeck Maricic Families
 Silvia Burnett
 Smith Family
 Stone Road Physiotherapy
 Witmer Family Fund

Horse	Horse Sponsors	Stall Sponsors
Awesome	Costco Wholesale Canada (Waterloo)	Aden & Sheryl Frey
Black Velvet	Westfall and Hill Family Fund	Fred & Mary
Charday		The Willar Family
Chopper	Waterloo County Revolver Association	KW Community Spirit Lions Club
Coal	In Memory of Sonnet	Optimist Club of Twin Cities
Danny		Rotary Club of Kitchener– Grand River
Delilah		Colleen Moore & Family
Fritz	The Cowan Family	Lily & Family
Hercules		Optimist Club of Twin Cities
Kenny		Screen Magic Ink Inc.
Levi		Optimist Club of Cambridge
Lyonel		In Memory of Daisy, Sandra, & Ted Chris
Nahauni		Katy & Nick
Percy		Kiwanis Club of Elmira
Prince	Marion Jean Wellwood	
Queen		Ken & Gail
Rainbow Black		Family of Mel & Peggy Hunt
Remington	George & Beverley Chris	Rorabeck Maricic Families
Ryder	Westfall and Hill Families	Precision Pools
Tempi	In Memory of Debbie Marquis	Cambridge Shrine Club
Toby	Family of Margie Schenk	Family of Margie Schenk
Woody	Brenda & Dave Walden Family Foundation	Cambridge Highland Lions

wishlist

Every Little Bit Helps!

Hay & Shavings
Hay Cubes
Lg. Salt Blocks - blue & brown
Large Wheel Barrow
Fence boards & posts
Gift Cards (Walmart, Dollar Store, Michaels)

Horse Fly Spray
Canadian Tire Money
Toilet Paper
Paper Towels (brown rolls)
XL garbage bags
Craft Supplies

A charitable tax receipt can be issued for most donations.
Please call or email to discuss wish list items you'd like to donate!

VOLUNTEER TRAINING FOR SUMMER

Training dates planned for June 2021

12-2pm: Thurs 10th, Wed 16th, Thurs 17th, Wed 23rd, Tues 29th

6-8pm: Thurs 10th, Wed 16th, Thurs 17th, Wed 23rd, Tues 29th

10am-12pm & 2-4pm: Sat 19th

We hope to be able to run our summer day camp (Camp Pride) although our re-opening will be dependent on Covid restrictions in place closer to July.

One 2-hour training session is required for all volunteers.

Min. age: 15 yrs or older. No exceptions.

Pre-registration is required to attend training.

Email Leah to get started! volunteering@pridestables.com 519-653-4686

More info: www.pridestables.com/volunteers

*Quiz Answers: 1. Delilah, as she turns 15 this year. 2. Percy will reach this milestone this year
3. Rainbow Black is 11 years young 4. Black Velvet*

Our thanks to the continued printing support of:



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Heather MacKneson, Executive Director
Gerhard Schmuck, Board Member
Shaena Twolan, Board Secretary
Doug West, Board Member
Lynn Wicks, Board Member
Todd Wicks, Board Member

Jen Zielman, Program Manager/Instructor
Leah Mychayluk, Volunteer Coordinator
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