



**Pride Stables - Central Ontario Developmental Riding Program**  
*Therapeutic Horseback Riding for People with Disabilities*

584 Pioneer Tower Road, Kitchener, ON N2P 2H9  
 Phone: 519-653-4686 Fax: 519-653-5565  
 Registered Charity No. 118843564 RR0001

## Pride Stables Screening Questionnaire - Volunteers

### Instructions:

- Complete this questionnaire no earlier than 24hrs before first class
- Once complete, email these forms back to Pride Stables OR bring with you to first class

If you are not feeling well, do not attend Pride Stables and let us know ASAP.

Pride Stables Phone: 519-653-4686

**Your name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

1. Do you have any of the following new or worsening signs or symptoms (not related to other known conditions or causes like allergies, asthma, etc.)?
  - Chills, fever  YES  NO
  - New or worsening cough  YES  NO
  - Shortness of breath/difficulty breathing  YES  NO
  - Decrease or loss of sense of smell or taste  YES  NO
  - Nausea/vomiting, diarrhea, abdominal pain  YES  NO
  - Unexplained fatigue/malaise/muscle aches  YES  NO
2. In the last 10 days have you been identified as a “close contact” of someone who has Covid-19 or Covid-19 symptoms? (eg. colleague, classmate, friend, family, household member etc.)
 

YES  NO
3. In the last 14 days have you travelled outside of Canada AND been advised to quarantine/isolate?
 

YES  NO
4. Have you been advised by a health authority/healthcare provider/employer/school that you should currently be isolating?
 

YES  NO

If you have answered YES on any of these questions, inform Pride Stables and DO NOT volunteer at this time.

**Prior to each time you volunteer, please perform a self-screen by answering the same questions above to assess symptoms & exposure. If things have changed and you can answer yes to any question above, DO NOT ATTEND Pride Stables and let us know.**

Find these screening questions here: [tinyurl.com/screeningforPride](https://tinyurl.com/screeningforPride)

[See over, please]



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## **Informed consent form for volunteers at Pride Stables**

We are in this together and couldn't run our programs without you! Our primary concern is the health & safety of riders, volunteers, and staff. Please read this carefully and let us know if you have any questions.

### **Risks associated with COVID-19**

You understand that by participating at Pride Stables you are assuming the risk of exposure to Covid-19 (or other public health risks). We will practice and encourage physical distancing at Pride Stables whenever possible however due to the nature of our program, you may be in close contact with members of the public (riders/support workers/other volunteers/staff) which may increase the risk of COVID-19 transmission.

### **Our commitment to minimize risk of exposure**

Pride Stables has taken steps to reduce the risk of spreading Covid-19 including screening, PPE, hand hygiene and surface/equipment sanitization. Please see our website for details: [tinyurl.com/CovidPrideStables](https://tinyurl.com/CovidPrideStables)

**Your responsibilities to minimize your exposure** - As a volunteer, you agree to take certain precautions:

- You will only arrive for volunteering if you are symptom free.
  - Screening questions found here: [tinyurl.com/screeningforPride](https://tinyurl.com/screeningforPride)
- You will wear face covering PPE (shield and/or mask) as directed by Pride Stables policy while in all buildings and participating in classes (indoors OR outdoors).
- You will wash hands with soap & water upon arrival, between classes, and after volunteering.
  - If not able to wash hands (preferred), you will use alcohol-based hand sanitizer.
- Maintain a physical distance from others where appropriate & possible.
- You will inform us immediately if, at any time during the course of volunteering, you can answer yes to any Pride Stables screening question.

**Confidentiality in case of infection** - If an individual contracts Covid-19 we may be required to release information to public health officials. We will only provide the minimum information required of us. With this consent form you are agreeing that we may do so without an additional signed release.

### **Consent**

- I have read and understand this form and agree to participate in volunteering at Pride Stables.
- I understand that I am assuming the risk of exposure to Covid-19 by attending/participating.

\_\_\_\_\_  
 name/signature

\_\_\_\_\_  
 date