



**Pride Stables - Central Ontario Developmental Riding Program**  
*Therapeutic Horseback Riding for People with Disabilities*

584 Pioneer Tower Road, Kitchener, ON N2P 2H9  
 Phone: 519-653-4686 Fax: 519-653-5565  
 Registered Charity No. 118843564 RR0001

## Pride Stables Screening Questionnaire - Riders

### Instructions:

- Complete this questionnaire no earlier than 24hrs before first class
- Bring completed form to first class

If rider is not feeling well, do not attend Pride Stables and let us know ASAP.

Pride Stables Phone: 519-653-4686

**Rider Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

1. Does rider have any of the following new or worsening signs or symptoms (not related to other known conditions or causes like allergies, asthma, etc.)?
  - Chills, fever  YES  NO
  - New or worsening cough  YES  NO
  - Shortness of breath/difficulty breathing  YES  NO
  - Decrease or loss of sense of smell or taste  YES  NO
  - Nausea/vomiting, diarrhea, abdominal pain  YES  NO
  - Unexplained fatigue/malaise/muscle aches  YES  NO
2. In the last 10 days has rider been identified as a “close contact” of someone who has Covid-19 or Covid-19 symptoms? (eg. classmate, friend, family, household member etc.)
 

YES  NO
3. In the last 14 days has rider travelled outside of Canada AND been advised to quarantine/isolate?
 

YES  NO
4. Has rider been advised by a school/health authority/healthcare provider that they should currently be isolating?
 

YES  NO

If you have answered YES on any of these questions, inform Pride Stables and DO NOT attend class at this time.

**Prior to class each week please perform a self-screen by answering the same questions above to assess symptoms & exposure. If things have changed and you can answer yes to any question above, DO NOT ATTEND Pride Stables and let us know.** Find these screening questions here: [tinyurl.com/screeningforPride](https://tinyurl.com/screeningforPride)

[See over, please]



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### **Informed consent form for riders at Pride Stables**

Our primary concern is the health and safety of our participants (riders, volunteers) and staff. Please read this carefully and let us know if you have any questions.

### **Risks associated with COVID-19**

You understand that by attending & participating in programs at Pride Stables you are assuming the risk of exposure to Covid-19 (or other public health risks). We will practice and encourage physical distancing at Pride Stables whenever possible however due to the nature of our program, riders may be in close contact with volunteers/staff which may increase the risk of Covid-19 transmission.

### **Our commitment to minimize risk of exposure**

Pride Stables has taken steps to reduce the risk of spreading Covid-19 including screening, PPE, hand hygiene and surface/equipment sanitization. Please see our website for details: [tinyurl.com/CovidPrideStables](https://tinyurl.com/CovidPrideStables)

### **Responsibilities of your rider & you to minimize exposure**

- Only arrive for class if symptom free. See screening questions here: [tinyurl.com/screeningforPride](https://tinyurl.com/screeningforPride)
- Riders will wear a mask (if able/tolerated)
- Any individual(s) accompanying rider will wear a mask at all times & physically distance from others
- The viewing room is CLOSED
- Where possible we ask that only ONE individual bring/accompany their rider to Pride Stables
- Rider and anyone accompanying rider will wash hands with soap & water upon arrival
  - If not able to wash hands (preferred), use alcohol-based hand sanitizer
- Inform us immediately if, at any time during the course of classes, you can answer yes to any Pride Stables screening question

### **Confidentiality in case of infection**

If an individual contracts Covid-19 we may be required to release information to public health officials. We will only provide the minimum information required of us. With this consent form you are agreeing that we may do so without an additional signed release.

### **Consent**

- I have read and understand this form and agree for rider to participate at Pride Stables.
- I understand that I am assuming the risk of exposure to Covid-19 by attending/participating.

\_\_\_\_\_  
 name/signature

\_\_\_\_\_  
 date